

ANNUAL REGISTRATION

\$45 FOR 1 CHILD

\$75 FOR FAMILY

Extreme Cheer & Tumble
1402 E. Stan Schlueter Loop
Killeen, Texas 76542
254-526-3547



Class Time per Student

Cost Per Month

:45 Minutes a week

\$75.00

1 Hour a week

\$80.00

2nd Additional Class

+ \$60.00

3rd Additional Class

+ \$50.00

Class	Days	Times	Class Description
Tiny Tumblers	Wed Thursday Saturday	5:00 6:00 9:00am	45 minute per week- With the help of a parent or caregiver, little ones will explore basic gymnastics and tumbling in a fun, safe, and nurturing environment.
Kids Gym	Monday Tuesday Wednesday Thursday Friday Saturday	4:00,5:00,6:00 4:00,5:00,6:00,7:00 4:00,7:00 4:00,5:00,7:00 4:30 10:00,12:00	45 minute per week- Big energy, big fun, and big skills! This class helps young athletes build strength, coordination, balance, and flexibility while introducing beginner gymnastics skills like rolls, handstands, cartwheels, and basic bar and beam work. Through engaging circuits, games, and imaginative movement, children will gain confidence, body awareness, and a strong foundation for future gymnastics classes—all while having a blast!
Extreme Basics <i>(formally Pre Level 1)</i>	Monday Tuesday Wednesday Thursday Friday Saturday	4:00,6:00 4:00,7:00 5:00,6:00 4:00,6:00 5:30 11:00	45 minute per week- Beginner Gymnastics is designed for young athletes who have graduated from Kids Gym and are ready to build on their foundational skills in a more focused and independent environment. This class introduces and develops beginner-level gymnastics skills on all apparatus.
Gymnastics Level 1	Monday Tuesday Wednesday Thursday Friday	4:00,5:00,6:00,7:00 4:00,5:00,6:00 4:00,5:00,6:00 4:30-6:30 4:30	1 hr class per week -This class focuses on improving form and consistency while introducing new skills on all four apparatuses: floor, bars, beam, and vault. Athletes will work on moves such as handstands, bridges, cartwheels, front and back walkovers, pullovers, casts, and basic beam connections.
Gymnastics Level 2	Monday Tuesday Wednesday Thursday	7:00 6:00 4:00,6:00 5:00,7:00	1 hr class per week- This class focuses on refining foundational skills while introducing intermediate-level movements on floor, bars, beam, and vault. Athletes will work on skills like back handsprings, front handsprings, round-offs, and intermediate bar work, all while enhancing their body control and coordination
Gymnastics Level 3	Tuesday Thursday	7:00 7:00	1 hr class per week- This is an invited class for athletes that have been in gymnastics level 2. The athlete will be evaluated to be moved to gymnastics level 3 to continue progressing and have a goal of being on a gymnastics team.
Extreme Foundations <i>(formally Novice)</i>	Monday Tuesday Wednesday Thursday Friday	4:00,5:00,6:00 5:00 5:00,7:00 4:00,6:00 4:30,5:30	1 hr class per week-Build strength, skill, and confidence from the ground up! This class is designed for athletes ready to develop the essential building blocks of tumbling. This class focuses on proper technique and body control while introducing foundational skills such as handstands, cartwheels, back bends, round-offs, and more.
Beginner Tumbling	Monday Tuesday Wednesday Thursday Friday	5:00 4:00,5:00,7:00 4:00,7:00 5:00,7:00 5:30	1 hr class per week- This class is perfect for athletes who have a strong foundation and are ready to learn more advanced skills such as back walkovers, front walkovers, Valdez, handstand variations, and more. With a focus on technique, strength, and flexibility, athletes will continue to build confidence while safely progressing their tumbling abilities.
Intermediate Tumbling	Monday Tuesday Wednesday Thursday	5:00,6:00 6:00 5:00 6:00	1 hr class per week- Intermediate Tumbling is designed for athletes who have mastered walkovers and are prepared to begin working on dynamic tumbling elements like back handsprings, front handsprings, series skills, and more.
Advanced Tumbling	Monday Tuesday Thursday	7:00 7:00 7:00	1 hr class per week- This high-level class is designed for experienced athletes who have mastered handsprings and are ready to work on powerful, airborne skills such as back tucks, layouts, full twists, and advanced tumbling passes.
Beginner T&T	Tuesday Wednesday Thursday	4:00 6:00 4:00	1 hr class per week- Tumbling and trampoline are both gymnastics disciplines, with tumbling focusing on acrobatic movements performed on floor mats or ground, and trampoline involving acrobatics while bouncing on a trampoline.
Cheer Basics Flyer class Jump class	Tuesday Tues/Thur Thursday	5:00 Tues 6:00/Thur 6:00 5:00	1 hr class per week- Cheer class will focus on the fundamental skills of cheer; The flyer class will work on body positions and flexibility along with the jump class focusing on all jumps for all-star cheer.
Adult Tumbling	Friday Saturday	5:30 9:00am	1 hr class per week- An adult tumbling class offers a fun, accessible way to improve strength, flexibility, and body awareness while learning a variety of tumbling skills, from basic rolls to more advanced tricks like handsprings and flips
Ninja	Tuesday Friday	4:00 4:30	This high-energy, obstacle-based class is designed to build strength, endurance, agility, and coordination—all while having a blast navigating exciting ninja-style challenges.
Karate	Monday Thursday	6:00-7:00 6:00-7:00	Build confidence, strength, and focus in our high energy Karate classes held every Monday and Thursday. Students of all experience levels-From beginners to advanced- are welcomed and encouraged to grow at their own pace.